

Champlain Periodontal

Brian D. Huber, D.D.S., M.S.
Nevin Zablotsky, D.M.D.

37 Timber Lane
So. Burlington, Vermont 05403
(802) 862-1435 (800) 783-2526

PRE-OPERATIVE INSTRUCTIONS IMPLANT SURGERY

1. Medications:

ANTIBIOTIC: Because the implant is a foreign body, an antibiotic is usually prescribed. In most cases, amoxicillin is prescribed. In the case of penicillin or amoxicillin allergy, clindamycin is prescribed. Please take this medication as directed, beginning one day prior to your implant surgery. Report any adverse reactions immediately.

PERIDEX (chlorhexadine gluconate): This is an antimicrobial mouth rinse, used to keep the implant area clean during the post-operative period. Use as directed at least twice daily, beginning two days prior to your procedure.

2. Dietary restrictions:

Plan to restrict your diet to softer foods for the first few days following surgery, avoiding crunchy, crusty, or seedy foods. Avoid hot foods or drinks for the first 24 hours. Please do not use a straw during the first few days, as this creates suction in your mouth and can encourage bleeding.

3. Discomfort:

Most patients tolerate implant surgery very well, and experience minimal discomfort. Anti-inflammatory medications such as over-the-counter ibuprofen (Advil or Motrin) work very well should you experience any discomfort. Most patients are able to return to normal activity the day following the procedure.

4. Bleeding/Swelling:

Excessive bleeding and/or swelling is not usually associated with this procedure.

5. Sutures:

You will have several stitches in your mouth that will dissolve within the first several days following surgery.

6. Length of Procedure:

Plan to spend approximately 1 to 1 ½ hours in our office.

7. Eat before your appointment:

It is important to eat prior to your surgical visit, unless you are being sedated, in which case you should eat something very light, such as a piece of toast, so that the sedation will be more effective.